



The following Children's programs are
Twin Lakes Community Programs
Registration Night: Tuesday, January 13th at 7:00, St. Angela

SMASH Ball - Boys Volleyball ~ \$20.00



Smashball is a training variant of volleyball. This method is organized around the spike. It is based on three pillars: fun, movement and drive. The more opportunities to score a point, the more boys like it and boys like to compete with other boys. The first 'cool' action you can do in volleyball is the Spike and this is what this program is geared around. Played on a lower net, young athletes can have Smashing success. (No class April 8th)

Ages 5 to 7 yrs ~ Wednesdays ~ 6:30 to 7:30 ~ March 18 to May 13 ~ MacNeill School
Ages 8 to 10 yrs ~ Wednesdays ~ 6:30 to 7:30 ~ March 18 to May 13 ~ MacNeill School

Mixed Floor Hockey ~ \$20.00

This is a recreational and fun floor hockey program. It is for any level of hockey knowledge or experience. Fun and safe play encouraged with instruction for those not familiar with the game. Non-marking shoes required. (No class Feb. 19th)

Ages 7 to 10 yrs ~ Thursdays ~ January 22 to April 2 ~ 6:30 – 8:00 ~ MacNeill School

Babysitting Course ~ \$29 includes manual (3 weeks)

Learn the safe care of children, how to be a good babysitter and how to respond in emergencies. Program is the Saskatchewan Safety Council Babysitting Course

Ages 11 + yrs ~ Mondays ~ 6:30 to 9:00 ~ February 23 to March 9 ~ MacNeill School

Let's Cook Together ~ \$65.00 per person ~ 5 adults and 5 children - 10 + yrs

Beginner Cooking Class for parent and child. Meals *subject to change - Chicken Noodle Soup, Pork Tacos with peppers and rice, Lasagna (with sneaky vegetables), Cheeseburger Joes plus dessert, Chicken Cacciatore with roasted potatoes. Class is limited to **5 groups only**.

Thursdays ~ 6:00 to 8:00 ~ Feb 26 to March 26 ~ Rosewood Park Church Kitchen

Soccer for Tots ~ \$20.00

Learn the basic movements and skills in the sport of soccer for beginner players. (No Class Feb 20th, April 3rd and April 10th)

Ages 3 to 4yrs ~ Fridays ~ 6:00 to 7:00 ~ January 23 to April 17 ~ George Lee School
Ages 5 to 6yrs ~ Fridays ~ 7:00 to 8:00 ~ January 23 to April 17 ~ George Lee School